

FOR GUESTS WITH FOOD ALLERGIES/INTOLERANCE OR DIABETES

On the registration form it was indicated that this camper has diabetes, a food allergy, or a food intolerance. Guests love the food at Camp Lebanon! Our goal is to provide delicious, nourishing food that will delight the majority of our guests. However, we recognize the food issues can be a hardship for some. While we are not able to plan menus around particular individuals, we welcome your questions and we will do our best to address your specific needs. If you have any special dietary needs related to a medical condition, please call Camp a few days before your arrival and we will be happy to explain how we can accommodate your situation.

Some guests have found it necessary to bring a supply of their own food (e.g. dairy free, gluten free, etc.) to supplement Camp's offerings as necessary. Refrigerated storage and a microwave are available in the dining room for your convenience.

As a special note of caution to those with nut allergies, foods containing nuts (e.g. peanut butter) and nut products are prepared in Camp's kitchen and served at some meals.

If you would like to discuss your child's particular situation with Chef Jim, please email him at jflaa@camplebanon.org, or call camp at (320) 573-2125, ext. 35.